

Clearing the air about winter scents

Ah, winter! That time of the year when all things are kept warmly inside. Like the air in your home that's usually changed out when you can actually open the doors and windows and let fresh air in. I miss fresh air. I want fresh air. But alas, when I can't even chisel off the ice covering my thermometer, the doors and windows of my house are kept closed tight keeping warm in and cold out. Thus enters the "fresh as whatever" daily barrage of ads pummeled at us all to keep our homes well, fresh as whatever.

I've come to rely on a sniffy candle to restore a sense of freshness to my winter air. Picking one to get just the right scent is nearly futile. Taking a trip down the candle aisle in any store that offers candles is like asking a 5-year-old which ice cream flavor they want — they want it all! Where else can I smell everything from Arid Desert to Zucchini Bread? I've fallen several times down rabbit holes stuffed and tamped full of jars of wax and oils that are akin to Butter Rum Soaked Holly Berries or Lemon Wheat Grass and New Car Smell. Now let's just take a moment to breathe in, take a whiff or two and find just which wonderful candle scent it would take to make those nose hairs dance a jig? Ahhh, maybe New Baby with a hint of Soft Kitten.

When you get your fill of candles or you just don't feel that special scent, you can always take a walk down the aromatic air freshener aisle. Oh, my stars and garters, that's a trip. You can spray the air, your furniture or carpets or curtains. You spray the air or you can infuse the air. Sorry, I don't know the difference. Do you want to stand in your kitchen and feel like you're knee-deep in Wild Lavender in a Springtime Mountain Meadow? No, actually I want to stand in my kitchen and smell the taco seasoning I just used to make a pan full of tacos, thank you very much. But maybe two days later, I might give a thought to erasing that taco-onion-cilantro via some Pine Freshness with just a hint of Almond Butter and Apples.



Trina Machacek
Is This You?

Don't you, about the middle of January, start to daydream of a day nice enough to throw open the windows and let some of the crisp winter air in? I do. Commercials tell me my house is full of "soft" surfaces that will accumulate and hold on to all the smelliness of people, pets and products. For that reason there's a slight chance if you stop by to visit I may be sitting inside wearing a coat and ear muffs with the windows open. Don't concern yourself I'm just changing the air. Kinda like back flushing the cooling system in my car — after so many days and meals and whatnots, things just need to be re-circulated.

Oh I feel the need to say this last little sniffy nugget. I give candles as gifts and recently I realized how that could be taken in such a terrible way. I give candles because I like them. I enjoy walking into the aroma as I travel up and down the hall in my home. I give candles so my friends also will have that experience. But someone I gave a candle to asked if I thought they needed the smell of a candle in their home. NO! No to all those I've given a candle to; you don't "need" a candle. For the same reason I give little soaps or sniffy lotion, you don't need them. I give them because I want the recipient to enjoy them. Just needed to make that clear. But! Yep, I'm lighting up a "but" here. But do I need them? Wow, I have no idea. I live here so whatever is in the air, I'm immune to. Maybe I need to light my Bourbon Sugar and Feathered Snow, tri level-multi colored, aroma infused glow in the dark candle. Better to be safe than sorry. Wait, just a second here... Don't all candles glow in the dark? Man that was the advertising line that got me to buy the sniffy little thing. I'm such a soft touch. Oh, I just bought one that's called Soft Touch. Made just for yours truly, huh?

Trina lives in Eureka, Nev. Share with her at itybytrina@yahoo.com. Really!

Spectacular South African safari is a bucket list trip

One of the top bucket travel list trips should be to South Africa to view the magnificent animals still roaming in the wild.

As humans continue to lay claim to more and more of this earth, species are dying off, becoming extinct or threatened, and these photographic safaris allow you to view wild animals you might not otherwise see outside of a zoo.

Collette Vacations is offering such a trip through the Chamber Travel Club departing July 18 to Aug. 1 this year that promises to be the trip of a lifetime featuring breathtaking scenery, abundant wildlife, a history of politics that has shaped South Africa and cultural diversity not seen anywhere else in the world. Following is a highlight of the planned tour.

The 13-day journey begins in Johannesburg, where you'll learn about the apartheid movement that so changed the culture of this country. There will be no shortage of food on this trip and on this day, you'll meet locals at a special lunch.

We'll be traveling by motorcoach allowing us to take in the amazing scenery for which South Africa is so well known. We'll drive through the Northern Drakensburg Mountain Range, where we'll travel through the Blyde River Canyon, one of Africa's greatest natural wonders, as we head to the famous Kruger National Park where we'll be treated to a traditional Boma dinner — African outdoor dining at its best. We'll be spending two nights at the luxurious Casa del Sol Hotel & Resort Hazyview located next to the Elephant Sanctuary in the heart



Marilyn Foster
Travels with Marilyn

of scenic Mpumalanga — go ahead, say it!

While at Kruger National Park, we'll enjoy an all-day open air safari in our photographic hunt for elephants, buffalo, lions, leopards and rhinos, stopping for picnic lunch where we'll be surrounded by giraffes.

Then, it's off to the Kingdom of Eswatini — or better known as Swaziland — where we'll overnight in Bbabane. Here we immerse ourselves in the Swazi culture before returning to South Africa through the land of the Zulus.

A full-day safari is planned at the Mkuze Game Reserve in northern Zululand, home to exotic animals and about 420 species of birds. Here, we'll enjoy another picnic lunch among the animals.

On day 9, we leave the motorcoach behind and board a flight in Durban to take us to the waterfront resort town of Knysna for a three-night stay. There's a lagoon cruise planned that will take us to the Featherbed Nature Reserve where we'll enjoy a ride deep into the forest to see nature at its best. Instead of enjoying a lunch among the animals, we'll dine under the ancient milkwood trees.

While in Knysna, we'll enjoy a visit to one of the oldest working ostrich farms in the area and take a tractor safari through the Lucerne fields taking us to the area where we'll enjoy an outdoor

barbecue lunch.

Then, it's on the road again to Cape Town traveling through the famous wine region where, yes, there will be a stop for wine tasting at one of the vineyards. When we arrive in Cape Town, we'll enjoy a panoramic tour and, weather permitting, a cable car ride 3,000 feet up to the famous Table Mountain.

We'll also enjoy visiting with the penguins at Cape Point.

Our tour ends in Cape Town, and it will end with a bang! Our farewell dinner will be a typical communal African dining experience featuring signature dishes from all over the continent.

Since this is a long journey — about 22 hours from Reno — Collette is offering pre and post optional excursions to break up the trip. You may enjoy three nights in Dubai on a pre-tour — quite a fascinating stopover — and/or stay a bit longer in Africa by going on a three-night tour of Victoria Falls.

If you book the Spectacular South Africa tour prior to Jan. 18, you'll be able to save \$250 per person. The small-group tour includes 25 meals and 13 nights in four-star hotels, plus all touring and the expertise of a knowledgeable guide. For complete details, log on to the Chamber's Travel Club site at www.carsoncitychamber.com or drop by the office at 1900 S. Carson St. to pick up a brochure.

Marilyn is a consummate traveler and has traveled all over learning about this wonderful and interesting world of ours. She will be 90 at the end of January and has not yet stored her suitcase in her closet!

LETTERS TO THE EDITOR

Support shrinking in Trump's Oval Office reality show

Only two people, Trump and Senate Leader McConnell, are refusing to fund the six government departments, which have nothing to do with the border issues. By not allowing the Senate to even vote on the House

bill (which is the same bill that the Senate approved in December), McConnell is abdicating the Senate's constitutional authority. The House/Senate bill would also continue funds (including more than \$1 billion for border security) to the Department of Homeland Security while allowing

open debate on the pros and cons of funding Trump's "wall." It remains to be seen whether Trump's Oval Office reality TV will continue his misguided support among a shrinking minority of the national electorate.

Jon Nowlin
Carson City

PAST

From page A18

that will make you hair grow an inch a month.

The Home Orchestra furnished the music for the Wheelmen's ball, and all agreed that it was good enough for the President's Inaugural.

100 YEARS AGO

Anne Martin of Reno: A formal challenge of the right of Charles B. Henderson, Democrat, of Elko, to a seat in the U.S. Senate was made by Miss Anne Martin of Reno. Miss Martin claims that sums aggregating \$950 were contributed to Henderson's campaign fund by federal officials, and his total election expenses far exceeded the maximum of \$15,000 allowed under the Nevada Corrupt Practice Act.

50 YEARS AGO

Shooting: Potshots have been taken by children with rifles at the airport runway and obstruction light potentially causing a serious accident. The obstruction light is placed atop a hill at the east end of the runway so that pilots of incoming planes do not become so distracted by the runway lights at night that they fail to see the hill.

20 YEARS AGO

Wheelchair: Middle School student Francisco Delgado, a student at Pau-Wa-Lu Middle School, was presented with a much-needed wheelchair. The problem was brought to the Sertoma Club by Jill Heatherton who teaches ESL, and the Sertoma Club agreed to pay \$1,000 and half of what they raised at the annual Barn Dance. The club paid the full amount of \$3,000.

TUESDAY

150 YEARS AGO

Legislative Ball: The Ball will be held at Moore and Parker's Hall where great preparations have been made for the most largely attended and brilliant affair ever given in this state. Gardner at the Ormsby House is prepared to furnish a supper fit for gods and men.

140 YEARS AGO

All sorts: They have a Hayseed club in Austin. Its members are opposed to women, but greatly in favor of oysters on the half shell.

130 YEARS AGO

All sorts: Louis Longell who was thrown from a buggy sustained severe internal injuries. He is not

expected to recover.

100 YEARS AGO

Killed in action: Lawrence Foged, son of Peter Foged was one of the first of Carson's youth to go to the training camps and to the front. He was an industrious hard-working boy. A brother of his, Henry, died a few weeks ago following an attack of influenza.

50 YEARS AGO

TV Listings for Channel 2: My Favorite Martian, McHale's Navy, I Love Lucy, Farmers Daughter, I Spy and Alfred Hitchcock.

20 YEARS AGO

Year 2000: The White House inaugurated a toll-free telephone number designed to provide Americans with answers to their millennial apprehensions, such as... "Afraid your bank account will disappear come Jan. 1, 2000?" "Are you wondering whether your coffee maker will still brew 12 months from now?" The number is 1-888-USA-4-Y2K.

Sue Ballew is the daughter of Bill Dolan, who wrote this column for the Nevada Appeal from 1947 until his death in 2006.